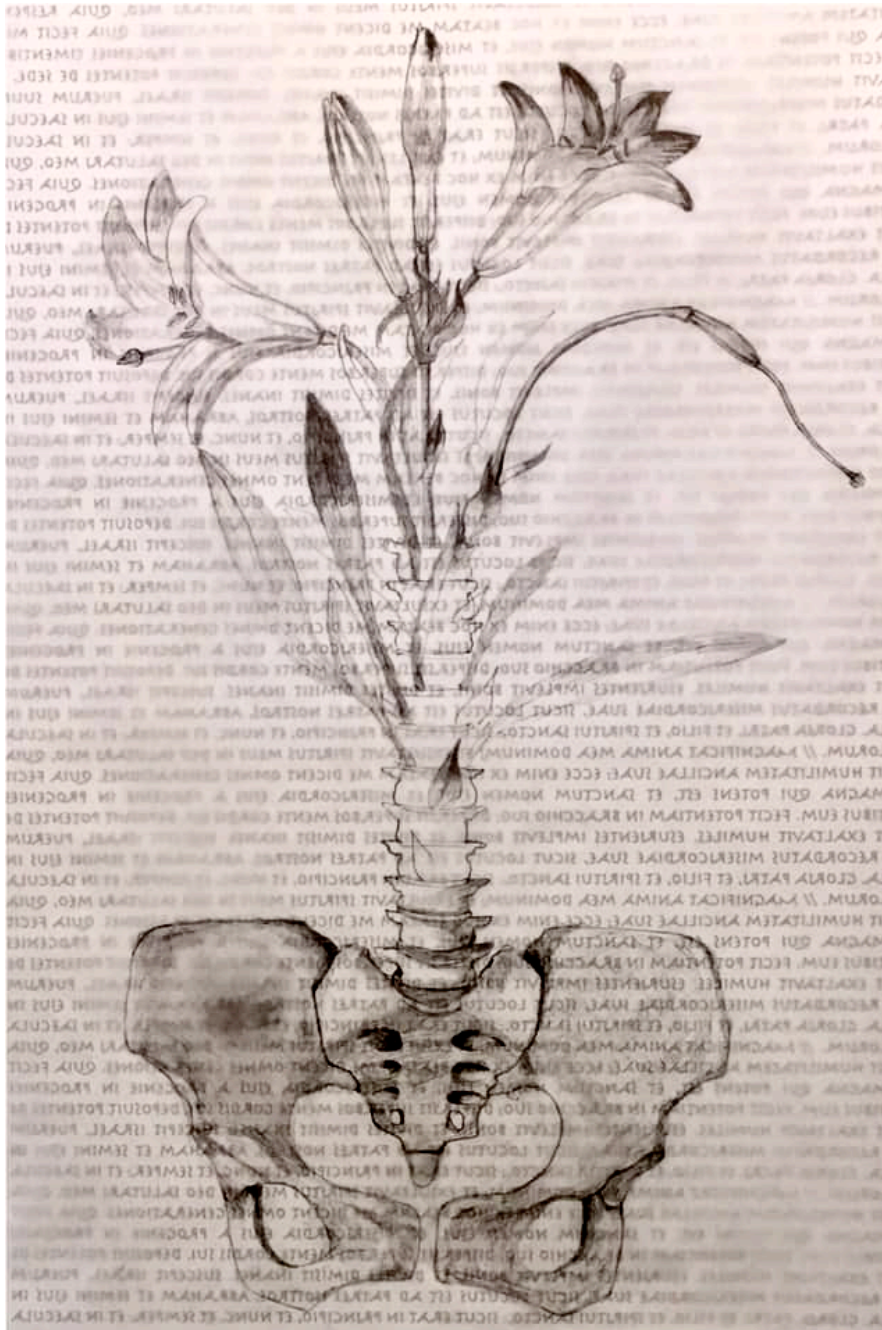


Healing

By Wesley Usher



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“This was my first studio project of the year—a meditation on injury and healing. The spine and the back, inner and outer sides of the same coin, are weight bearing. The goal was to explore how the burdens we carry manifest within and without—and subsequently transform us.” — Wesley Usher

Wesley Usher is a writer and visual artist with a license in professional counseling. Her related past projects include New York art exhibitions of solo and group works by artists living with disability and a series of murals for the acute care areas of Mount Sinai Hospital in New York. She has also designed and developed collective narrative group work for the inpatient psychiatric setting. Since 2006 Usher has explored the implications of technology on feminine self-narrative and wellness, including four multi-media projects that explore relationships between technology, language, power and voice. (*The Cassandra Code*, *The Cambridge Key*, *The story of e*, and *Riddlespeak*.) She holds graduate degrees in Applied Psychology and Narrative Medicine from New York University and Columbia University and is pursuing post-graduate studies in Drawing and Painting at the Ernest G. Welch School of Art & Design. Most recently her artwork has been published in *The Round* (Brown University), *The After Happy Hour Review* (Pittsburgh) and *Intima*.

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