

POETRY | SPRING 2021

## Mama

By Gialina Morten

Knuckle in the lungs beautiful even after you became a stranger -

your cerebrum fought you
your body betrayed you
I can't believe I ever blamed you

for never

being able

to braid

my hair.

I know your limbs

are a basin of bad dreams

and I know your severed speech

makes you want to scream,

and I know

you keep breathing for me,

even though I know you'd rather rot anywhere else.

Now listen,
there may be gaps in our rhythm
and slits in our souls
but Mama,
I am still your blood
and I will stitch "I love you"
into your torn seams
until your veins feel holy

and don't worry,

because the parts of you

that you were too sick to give me
found their way inside me,

and they sing of your resilience
every day, reminding me

that you are a sky they cannot bury,

that you blister-gripped that bible

like it was God's neck, warning him

that he could not take you yet 
that the metals in your chest

are the instruments that make your heart beat like a symphony

these parts of you

sing to me, reminding me

that you will forever be

far

more beautiful

for having

been broken.

Gialina Morten is a Filipinx-American poet currently based in Brooklyn, New York. She doubles as a publicist for mission-centered leaders in the social impact space. Amplifying stories of progress for those committed to making a more equal and equitable world, is an immense catalyst for Morten's creative work. Her poetry explores the facets of social cognition; particularly our tendencies toward social and self-deception, the ways in which our behavior often contradicts our rhetoric, and how we navigate seemingly irreconcilable beliefs that occupy the same space within us. Her poems have appeared in USC 's Levan Institute for the Humanities: The Social Justice Review, The Indie Memphis Film Festival 2020 and Adwoa Aboah's: Gurls Talk.