

POETRY| FALL 2018

## Black is the Color

By Richard Kravitz

Anxiety and doctors' appointments lots of each. I chatter to friends. I feel like I'm under indictment.

Melanoma, a tumor of black stuff, the same root as melancholy, black bile, my sadness pressed into skin.

A thin melanoma, melanoma on a diet isn't supposed to kill you unless it's spread too thin and dispersed a mote in the eye a spot on the liver.

Blackness can be beautiful Blackness can be anywhere Blackness can kill.

My blackness, my sadness what am I to do about it?
My viscid oil, so underrepresented by a skinny mole, an ebony splotch, wants a full-body hue an original sunburn, not a drop of pigmented shame. I don't want an ink spot To malign me.

I learn new words like fascia, not related to fascism or fascination, although I might think about being bludgeoned or bewitched. Fascia is the thin sheath covering the muscle in my forearm. "We'll cut down to the fascia remove a quarter-size piece of skin, the entire thickness of skin you understand,

and then cover it with a flap of adjacent skin."

The thickness of removal is supposed to ensure that the lethal thinness is fully excised an overkill by depth and breadth death prevention my black interior benign nothing to worry about.

Richard Kravitz is a psychiatrist at the VA Medical Center in West Haven, CT and teaches psychotherapy and clinical interviewing in the Yale Department of Psychiatry. His poems have been published in JAMA and The British Journal of Psychiatry.