
STUDIO ART | FALL 2019

INTEGRATIVE MEDICINE

By Elisabeth Abeson



Elisabeth Abeson, a recent graduate of the Ayurvedic Institute, takes an integrative approach to treating her sero-positive erosive Rheumatoid Arthritis (RA) and is in remission thanks to classical Ayurveda & Allopathic Medicine. Her intention is to leverage her background in “cross-sector partnership building for sustainable development” at the United Nations (UN), Multinational Corporations (MNC) & Non-Governmental Organizations (NGO) to establish lines of dialogue between sectors of society. Core to her personal mission is working in solidarity with marginalized communities including those who are suffering from illness on the level of body, mind and spirit. She is setting up a practice to offer Ayurvedic Health Counseling & Integrative Health Coaching to those with Rheumatoid Arthritis.