

POETRY | SPRING 2023

## Reminders of Home

By Tulsi Patel

A-or-tic dis-sec-tion, the doc enunciates sounding out violence with his syllables a tear, rip, shred of the intima that is "incompatible with life."
And yet
There you, patient, are blood still raging through like sap coursing through trees.

My dad spent his childhood at a lumber mill, c. 1970s Raipur, India.

Sagwan trees, ripped, denuded of their rugged outer bark, softer insides vulnerably exposed before crisply, mercilessly sliced, a dis-sec-tion of its own.

Weakening aortic roots are not unlike destabilizing tree roots, the insulting smells of surgical cautery and blood singed alike mill's sawdust and sweat.

I'd rather think of
what there was before, in the forest—
The connections,
like the interstitium,
the elaborate mycorrhizal networks spreading nutrients to
smaller, sicker trees,
like aorta to capillaries, oxygen and necessities
pooled and shared.
Oh, how the greens are giving!
with the things that allow them to
stay grounded.

I'm reminded of home, where the people, too, are giving, where children play cricket with sticks and fight for warm rotis drenched in ghee, lotuses in muddied waters grow, roots as deep as I am tall, obscured.

But you bled out, and my dad's family lumber mill went bankrupt.

How is that, then, that the mind, furiously inventive, transforms the dangerous and grotesque, the tragedies and destructive mechanisms of both bodies and trees into comforts and reminders of home?

Tulsi Patel is a third-year MD/MPH student at the Northwestern University Feinberg School of Medicine, and previously studied Neuroscience and Behavior at Columbia University. In her spare time, Patel enjoys chasing murals across Chicago, visiting art museums, taking long hikes & outdoor runs, learning about birds and being a plant mom.